

# Day First Aid Kit and Med Kit Inventory

This is the content list of an acceptable Day Kit that can be refashioned from the Overnight First Aid Kit supplied by Arborwear. Before each position, leaders will inventory their First Aid Kits to ensure they have a complete kit and to familiarize themselves with its contents. Additionally, on a regular basis throughout a position, leaders will inventory and restock their First Aid Kits. First Aid Kits are designed as a 30 day supply for a 7 person crew. If a crew is not carrying the First Aid Kit contents and quantities outlined below into the field for day programs, a local policy will be documented in a Local Operating Procedure approved by Risk and Safety. See the Frequently Asked Questions for instructions on writing a Local Operating Procedure for your branch's First Aid Kit program.

## First Aid Kit Contents

Item	Quant.	Out
<b>Wounds &amp; Musculoskeletal</b>		
Ace Bandage (3"x5')	1	
Athletic Tape (1.5")	1	
MoleSkin (2"x8")	1	
MoleFoam (4 1/8"x3 3/8")	1	
Band-Aid (1"x3")	40	
Band-Aid (3"x4")	10	
Gauze (4x4")	10	
Gauze Roll (3" x 4.1 yd)	2	
Combine ABD Pad (5' x 9')	2	
Telfa Pads (3"x4")	10	
QuikClot (3" x 2")	2	
Maxi Pads	10	
Tampons	10	
<b>Sanitation &amp; Topical Ointments</b>		
Soap (1oz)	1	
Alcohol Prep Pad	15	
Hydrocortisone 1% (1 oz. tube)	1	
Bacitracin (1 oz. tube)	1	
Zinc Oxide (1 oz. tube)	1	
Burn Cream (0.9gm packets)	10	
Insta-Glucose (1.09 oz. tube)	2	

Item	Quant.	Out
<b>Tools</b>		
CPR Mask	1	
Trauma Sheers	1	
Tourniquets	1	
Nitrile Gloves (pairs)	8	
Procedural Masks	10	
Safety Glasses	1	
Syringe (10cc)	1	
Tweezers	1	
Thermometer	1	
Sam Splint (36 inch)	1	
Triangle Bandage	2	
Biohazard Bag	1	
<b>Documentation</b>		
Wilderness First Aid Protocols	1	
Epi Protocols	1	
SOAP Notes	2	
Pen	1	
Pencil	1	
Inventory List	1	

## Med Kit Contents

Always review SCA Protocols, drug information on packaging, and review patient history before administering any medication.

Item	Quant.	Out	Use
Bismuth subsalicylate, Packet (2 x 262mg)	10		Heartburn, indigestion, nausea, gas, belching
Loperamide Hydrochloride, Blister pack (2mg)	6		Anti-diarrheal
Diphenhydramine, Packet (2 x 25mg)	15		Antihistamine
Calcium Carbonate, Packet (2 x 420mg)	15		Acid indigestion, sour stomach, heartburn, upset stomach
Ibuprofen, Packet (2 x 200mg)	30		Pain reliever, fever reducer, NSAID
Acetaminophen, Packet (2 x 325mg)	30		Pain reliever, fever reducer
Aspirin, Packet (2 x 325mg)	10		Pain reliever, fever reducer, NSAID, s/sx heart attack
Cepacol Lozenges, Blister pack	4		Sore throat
Epi Kit (# of Epi Auto-injectors in SCA Policy)	1		Anaphylaxis allergic reaction