## **Overnight First Aid Kit and Med Kit Inventory**

This is the content list of all First Aid Kits supplied by Arborwear and for locally managed Overnight First Aid Kits. Before each position, leaders will inventory their First Aid Kits to ensure they have a complete kit and to familiarize themselves with its contents. Additionally, on a regular basis throughout a position, leaders will inventory and restock their First Aid Kits. First Aid Kits are designed as a 30 day supply for a 7 person crew. If a crew is not carrying the First Aid Kit contents and quantities outlined below into the field, a local policy will be documented in a Local Operating Procedure approved by Risk and Safety. See the Frequently Asked Questions for instructions on writing a Local Operating Procedure for your branch's First Aid Kit program.

## **First Aid Kit Contents**

Item	Quant.	Out				
Wounds & Musculoskeletal						
Ace Bandage (3"x5')	2					
CoFlex Roll (2" x 5 yd)	2					
Athletic Tape (1.5")	2					
MoleSkin (2"x8")	2					
MoleFoam (4 1/8"x3 3/8")	1					
Band-Aid (1"x3")	40					
Band-Aid (3"x4")	10					
Gauze (4x4")	10					
Gauze Roll (3" x 4.1 yd)	2					
Combine ABD Pad (5' x 9')	2					
Telfa Pads (3"x4")	10					
QuikClot (3" x 2")	2					
Wound Closure Kit	1					
Maxi Pads	10					
Tampons	10					
Sanitation & Topical Ointments	anitation & Topical Ointments					
Soap (1oz)	1					
Alcohol Prep Pad	15					
Hydrocortisone 1% (1 oz. tube)	1					
Bacitracin (1 oz. tube)	1					
Antifungal Cream (1 oz. tube)	1					
Zinc Oxide (1 oz. tube)	1					
Burn Cream (0.9gm packets)	10					
Insta-Glucose (1.09 oz. tube)						

IA	0	04
Item	Quant.	Out
Tools		
CPR Mask	1	
Trauma Sheers	1	
Tourniquets	1	
Nitrile Gloves (pairs)	8	
Procedural Masks	10	
N95 Masks	10	
Safety Glasses	1	
Syringe (10cc)	1	
Tweezers	1	
Thermometer	1	
Sam Splint (36 inch)	1	
Triangle Bandage	2	
Biohazard Bag	1	
Documentation		
Wilderness First Aid Protocols	1	
Epi Protocols	1	
SOAP Notes	2	
Pen	1	
Pencil	1	
Inventory List	1	

## **Med Kit Contents**

Always review SCA Protocols, drug information on packaging, and review patient history before administering any medication.

Item	Quant.	Out	Use
Bismuth subsalicylate, Packet (2 x 262mg)	10		Heartburn, indigestion, nausea, gas, belching
Loperamide Hydrochloride, Blister pack (2mg)	12		Anti-diarrheal
Diphenhydramine, Packet (2 x 25mg)	15		Antihistamine
Calcium Carbonate, Packet (2 x 420mg)	15		Acid indigestion, sour stomach, heartburn, upset stomach
Ibuprofen, Packet (2 x 200mg)	30		Pain reliever, fever reducer, NSAID
Acetaminophen, Packet (2 x 325mg)	30		Pain reliever, fever reducer
Aspirin, Packet (2 x 325mg)	10		Pain reliever, fever reducer, NSAID, s/sx heart attack
Cepacol Lozenges, Blister pack	8		Sore throat
Epi Kit (# of Epi Auto-injectors in SCA Policy)	1		Anaphylaxis allergic reaction